



SPA AT HILTON SANDESTIN BEACH

## **Fast Facts: Serenity by the sea – The Spa at Hilton Sandestin Beach**

### **A Serene Scene**

Serenity by the sea is located in the beachfront Hilton Sandestin Beach Golf Resort & Spa along Northwest Florida's Gulf coast. The spa features 14,500-square-feet of relaxing and upscale serenity where guests may enjoy a multitude of services and amenities designed to meet all their wellness and fitness needs.

### **Full-Service**

Central to the spa's serene setting is 16 treatment rooms, including one just for couples, where guests enjoy a variety of signature and traditional treatments and massages for men and women. Calming music, soft lighting and lavender aromatherapy create the ideal environment for a blissful, rejuvenating experience.

Private men's and women's lounges provide a quiet spot for guests to relax, whether or not they're receiving a treatment. Ultra luxurious robes, slippers, towels, aromatherapy showerheads and other amenities such as bottles of water, fresh juices and healthy snacks are provided. A sauna, steam room, waterfall whirlpool, and private locker rooms are available in each area.

The women's lounge also includes a second spacious relaxation lounge with water features, and can be used as extra space to unwind or be reserved for groups of women receiving services, including bridal and birthday parties.

The spa's spacious, full-service salon features eight nail treatment stations, four hair service stations and plenty of room for individual guests, bridal parties and small groups alike.

The 24/7 fitness center features state-of-the-art equipment, and is part of a select group of hotel fitness facilities worldwide to meet the standards of Hilton Fitness by Precor, an initiative aimed at providing guests with workout essentials while on-the-go. Personal training sessions, yoga, Pilates and other fitness classes are available to guests.

**Treat Yourself**

Serenity by the sea spa offers an extensive menu of indulgent services for men, women, and moms-to-be including a variety of body treatments, massage therapies, facials, waxing, nail treatments, hair services and makeup application. The Serenity package includes a 50-minute Serenity facial, a 50-minute Aromastone massage, Serenity Body Refresher and Classic Manicure and Pedicure.

One of the newest and most exclusive offerings at Serenity is the All-New HydraFacial™. The spa’s all-new HydraFacial treatment is a non-invasive, multi-step procedure that combines resurfacing, purifying, infusion and nourishing treatments. Remove dead skin while bathing new skin with purifying serums, creating immediate renewal. Pain free, the feeling of this treatment is described like a “cool paintbrush moving over the face.”

Spa packages are also available, ranging from a Day of Indulgence to The Four-Diamond package – including wine from the resort’s Four-Diamond Seagar’s Prime Steaks & Seafood preferred wine list.

**The Spa Shoppe**

The Spa Shoppe features the finest in spa products – the same ones used in spa services – including skin care products, such as Pure Fiji, Skin Authority, La Bella Donna makeup, Moroccan Oil hair care products and OPI nail care products. Tasteful gifts, including gift cards, scented candles and oils, stylish fitness and spa wear, and the spa’s popular robes, are also available.

**Hours of Operation**

Fitness Center	24 Hours	
Spa	Daily	8 a.m.-6 p.m.
Spa Facilities	Daily	6 a.m.-8 p.m.

*\*Hours may vary seasonally*

**Reservations**

**Serenity by the sea**

Toll free 866-622-9595 or 850-622-9595

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